

## EPA-ERTC/REAC WORK LOCATION HEALTH AND SAFETY PLAN

| Prepared by: <u>Larry Lyons</u> |        |                                       |  |                                   | REAC Approval: James // Julio                         |  |   |
|---------------------------------|--------|---------------------------------------|--|-----------------------------------|---|--|---|
|                                 |        | · .                                   |  | Date: .                           | 08/27/2008  | Amended -4/20                                      | 0/09  |
| L0                              | INTR   | ODUCT                                 | TION   |                                   |   |  |   |
|                                 | Site N | ame:                                  | Raritan Bay Slag Site (Laurence Hart   | bor)                              | WA/TDD: _   | 0-0356.1   |   |
|                                 | Origin | nal Safety                            | y Plan: Yes_ No <u>X</u> Modification N  | o                                 | 1   |  | -   |
|                                 | Locati | ion: <u>Stree</u>                     | et No.:  |                                   |   |  |   |
|                                 |        | City:                                 | Old Bridge Township County: N  | Middles«                          | ex  |  |   |
|                                 |        | State:                                | New Jersey Zip Code:   | 088                               | 79  | i.   |   |
|                                 | Site C |                                       | Mark Sprenger Site Phone #:  |                                   | <u></u>   | •  |   |
|                                 |        |                                       |  |                                   |   | -i   |   |
|                                 | Direct | ions to S                             | Site: Travel from Edison, NJ to Laurence   | е нагос                           | or, inj (See alia                                     | cned map)  | •   |
|                                 | 1.1    | Site/In                               | ncident Description  |                                   |   |  |   |
|                                 |        | A.                                    | Urban X Resident Industrial Rural Active Inactive  |                                   | Ren   | nmercial<br>note<br>dfill                          | -<br>-<br>-   |
|                                 |        | B.                                    | Spill Air Rele HW Site Other: w  |                                   | Fire  | fill and to constr                                 | uct jetty   |
|                                 |        | C.                                    | Containers involved? Yes Drums: No.# Describe condition:   | Tanks                             | No. #   |  |   |
|                                 |        | D.                                    | Site size: Terra   | ain:                              | Flat beach  | Weather:   | <u>Fair</u>   |
|                                 |        | E.                                    | Are Regional START's Onsite? Y   | es                                | No X  |  |   |
|                                 |        | F.                                    | Map attached: Yes X No   |                                   |   | •  |   |
|                                 | 1.2    | outlet<br>Contar<br>zinc (2<br>potent | nary Site History. The Laurence Harbor jetties, and a beach area located in the minants of Concem (COCs) are primaril Zn), antimony (Sb) and tin (Sn) originally other materials. The waste material abilizing material for the seawall. | e Rarita<br>ly metals<br>nating f | n Bay at the or<br>s including lead<br>from foundry b | utlet of the Chee (Pb), arsenic (A pottoms and bat | sequake Creek<br>s), copper (Cu)<br>tery waste, and |

1.3 Background Information Sources (Report Titles, Names, Dates):

WAM

#### 1.4 Scope of Work:

| A  | Emergency Response Confractor Oversight Geophysical Monitoring Well Installation Drum Sampling Lagoon Sampling Groundwater Sampling | -<br>-<br>-<br>- | Air Sampling Treatability Study Well Sampling Soil Sampling Bulk Sampling Sediment Sampling _X Walk Through Assessment | Bioassessment X Soil Gas Sampling Flux Chamber Sampling Tank Sampling Waste Material Sampling X Pore Water Sampling X ent |  |
|----|---|------------------|--|---|--|
| B. | Task Description  |                  | Date of Activity   |   |  |
|    | 1. Seining for fish   |                  | September 9-12, 2008   |   |  |
|    | 2. Algae Sampling   |                  | September 9-12, 2008   |   |  |
|    | 3. Clamming   |                  | September 9-12, 2008   | •   |  |
|    | 4. Sediment Sampling  |                  | September 9-12, 2008   |   |  |
|    | 5. Pore Water Sampling  |                  | September 9-12, 2008   |   |  |

7. Geophysical Survey April 23, 2009

6. Waste material Sampling

8 Dive & Side Scan Sonar Week of April 27<sup>th</sup>, 2009 Assessment (See Attached Dive Plan)

Sampling at this site will be performed at or within the proximity of the sea wall and the jetties during low tide conditions. Biological sampling will include foraging fish, algae scraped off of jetties and sea wall, polychaete worms, clams, and ribbed mussels. Sediment samples will be collected within proximity of the biota samples using a frowel. Waste materials which is primarily the hardened rock-like material that make-up the sea wall and jetties will be collected by scraping or chiseling material from the surface and interior areas of the jetties and seawall.

September 9-12, 2008

Only potential exposure to the metals associated with the sea wall and jetties would be when possibly collecting the waste material from the sea wall and jetties and/ or sediment. Goggles will be wom when performing the sampling.

A geophysical survey of the site within the Old Bridge Waterfront Park will be performed using EM-31 and GPR to survey anomalies of suspected subsurface metals. No excavations will be performed.

A water-bome geophysical survey will be conducted from the EPA Biglane using Marine Sonic Scan® side-scan sonar with a 600 kilo hertz (kHz) towfish. The purpose of the survey will be to assess the distribution of the site materials extending out from the Cheesequake Creek Inlet jetties and the seawall along this coastal area. The results of the

# side-scan survey will be verified and video documented by EPA-certified scientific divers trom the ERT/REAC Dive Team. (See Attached Dive Plan).

| 2.0 | PERSO        | ONNEL  |
|-----|--------------|--|
|     | EPA O        | n-Scene Coordinator:   |
|     | ERTC         | Work Assignment Manager/Site Supervisor: Mark Sprenger   |
|     | REAC         | Task Leader/Field Supervisor:Larry A. Lyons  |
|     | REAC         | TAT Site Safety Coordinator: <u>Larry A. Lyons</u>   |
|     | Subcor       | ntractor: None   |
|     | Field P      | ersonnel/Responsibility:   |
|     | Larr         | y Lyons- Task Leader/Sampler   |
|     | <u>Erica</u> | Wentz - Environmental Technician   |
|     | _Mart        | in Ebel - Geophysicist   |
|     | Tim 1        | Macaluso - Diver and Geo Survey Support  |
|     | Scott        | Douglas - Diver  |
|     | _ Jon N      | McBumey - Diver  |
|     | Brian        | Holderness - Diver.  |
| 3.0 | TASK         | OPERATION SAFETY AND HEALTH RISK ANALYSIS  |
|     | 3.1          | Chemical/Exposure Hazards  |
|     |              | X       Inhalation       Ingestion       Skin contact         Biological       Explosive       Pressure sensitive         Radioactive       Flammable       Water reactive   |
|     | 3.2          | Physical Hazards   |
|     |              | Heat X Scaffolds _ Electroshocking Noise _ Weights/lifting X Underground utilities Cold X Pressured air X Compressed gases Boating X Overhead hazard _ Unguarded floor opening/lagoons Ladders _ Building entry _ Heavy machinery _ Confined space (attach confined space entry plan) Diving (attach dive plan) _X |
|     |              | Other: Working near water  |
|     | 3.3          | Tables in Section 3.3 on the following pages provides a summary of chemical, biological, and physical hazards that could potentially be encountered by personnel during each task.   |

TABLE 3.3.1

TASK RISK ANALYSIS: CHEMICAL and BIOLOGICAL HAZARDS OF CONCERN

| Task | Contamiriant         | Exposure Limits  | Source<br>Concentration<br>Onsite | Route of<br>Exposure                               | Symptoms of Acute<br>Exposure  | Monitoring<br>Device<br>(Response<br>Factor) |
|------|----------------------|--|-----------------------------------|--|--|--|
| 1-6  | Lead                 | PEL: 0.05 mg/m³ - TWA<br>TLV: 0.05 mg/m³ -<br>TWA<br>IDLH:100 mg/m³ (as Pb)<br>Human Carcinogen:<br>(Agency: Class)<br>EPA- Probable<br>IARC- Possibly<br>NTP- Reasonably<br>anticipated | Jetty and seawall/<br>Unknown     | Inhalation, Absorption Ingestion, Contact          | Exposure to Lead may result in weakness, lassitude, insomnia, facial pallor, abdominal pain, colic (gaseous discomfort), darkened gum line, tremors, wrist and ankle drop, long term degeneration of the brain and disease of the kidney. Lead effects the eyes, gastro- intestinal tract, central nervous system, kidneys, blood, and gum tissue. | RAM(I)                                       |
| 1-6  | Arsenic              | PEL: 0.01mg/m³ TWA [Carcinogen] TLV: 0.01mg/m³ TWA IDLH: [5mg/m³ - Carcinogen] Human Carcinogen: (Agency: Class) NTP: Known IARC: Known ACGIH: Confirmed                                 | Jetty and seawall/<br>Unknown     | Inhalation,<br>Absorption<br>Ingestion,<br>Contact | Exposure to elemental Arsenic may result in the irritation of the nose, lungs and airways. Irritation of the nose tissue may then lead to a perforation between the 2 nostrils. Hyper- pigmentation may result due to skin contact. Arsenic affects the liver, kidney, lymphatic systems and is associated with lung and lymphatic cancer.         | RAM (1)                                      |
| 1-6  | Copper               | PEL: 1.0 mg/m³<br>TLV: 1.0mg/m³<br>IDLH: 100 mg/m³ (as<br>Cu)  | Jetty and seawall/<br>Unknown     | Inhalation,<br>Ingestion,<br>Contact               | Exposure to Copper may result in irritation to eyes, nose, throat; the development of a metallic taste, dermatitis and anemia. Copper effects the Eyes, skin, respiratory system, liver and kidneys.   | RAM(I)                                       |
| 1-6  | Zinc (Zinc<br>Oxide) | PEL: 15mg/m³ as a<br>TWA (total Dust)<br>TLV: 2 mg/m³(resp.<br>Dust)<br>IDLH: 500mg/m³   | Jetty and seawall/<br>Unknown     | Inhalation,<br>Ingestion,<br>Contact               | Exposure to Zinc may result in metal fume fever(flu-like fever), dry throat, coughing, weakness, metallic taste, headache, blurred vision, lower back pain, vomiting, and fatigue. Zinc effects the Respiratory System.  | RAM(I)                                       |

| Task | Contaminant | Exposure Limits  | Source<br>Concentration<br>Onsite | Route of Exposure                                  | Symptoms of Acute<br>Exposure   | Monitoring Device (Response Factor) |
|------|-------------|--|-----------------------------------|--|---|-------------------------------------|
| 1-6  | Antimony    | PEL: 0.5 mg/m³ TWA<br>TLV: 0.5 mg/m³ TWA<br>IDLH: 50 mg/m³ | Jetty and seawall/<br>Unknown     | Inhalation,<br>Absorption<br>Ingestion,<br>Contact | Exposure to Antimony may result in irritation of the eyes, skin, nose, throat, mouth; cough; dizziness; nausea; vomiting; stomach cramps. Antimony affects the eyes, skin, respiratory and cardiovascular system. | RAM (1)                             |
| 1-6  | Tin         | PEL: 2 mg/m³ TWA<br>TLV: 2 mg/m³ TWA<br>IDLH: 100 mg/m³    | Jetty and seawall/<br>Unknown     | Inhalation, Skin<br>or Eye Contact                 | Exposure to Tin may result<br>in irritation of the eyes,<br>skin and respiratory<br>system. Tin affects the<br>eyes, skin and respiratory<br>system.  | RAM (1)                             |

ACGIH American Conference of Governmental Industrial Hygienists

OSHA Occupational Safety and Health Administration

TAGA Trace Atmospheric Gas Analyzer

TWA Time-weighted average

STEL Short-term exposure limit

ppm parts per million

mg/m³ milligrams per cubic meter

Sd: Sediment; W: Water; S:Soil

PEL: Permissible Exposure Limit (8-hr Time Weighted Average airborne concentration enforced by the Occupational Safety and Health Administration, see 1910.1000, Final Rule, Tables Z-1, Z-2 and Z-3)

TLV: Threshold Limit Values (8-hr Time Weighted Average airbome concentrations recommended by the American Conference of Governmental Industrial Hygienists, 2008-Threshold Limit Values for Chemical and Physical Agents and Biological Exposure Indices)

IDLH: Immediately Dangerous to Life and Health (Escape values designed to ensure that a "worker could escape without injury or irreversible health effects ... in the event of the failure of respiratory protection equipment.)

NTP: National Toxicological Program (one group who evaluates and lists carcinogens)

IARC: International Agency for Research on Cancer (one group who evaluates and lists carcinogens)

# TABLE 3.3.2 TASK RISK ANALYSIS: PHYSICAL HAZARDS OF CONCERN

| PHYSICAL<br>HAZARD | TASK | EXPOSURE CONTROL PROCEDURES   |
|--------------------|------|---|
| Heat (ambient)     | 1-8  | <ul> <li>Prevention protocol and biological monitoring will be instituted at temperatures exceeding 70F.</li> <li>Physiological monitoring will be conducted in accordance with the attached Tables 3.3.4 and 3.3.5.</li> <li>Work/Rest cycles will be instituted based on physiological monitoring</li> <li>Personnel should consmne 16ozs of water prior to beginning work and at intervals (breaks, lunch) throughout the day</li> <li>Non-caffeinated liquids (water, electrolyte drinks, juice kept at 50-60F) will be maintained on-site throughout the work shift.</li> <li>Signs of Heat Exhaustion and Stroke will be reviewed (attached), employees will monitor fellow field team members for observance of these signs.</li> </ul>  |
| Rain               | 1-8  | <ul> <li>May increase risk of hypothermia, see hazard preventions listed in the "Cold" Section of this Table.</li> <li>Prevention protocol and biological monitoring will be instituted at temperatures exceeding 70F.</li> <li>Rain repellant outer gear should be wom by employees. An additional change of clothing should be maintained for removal and replacement of wet clothing.</li> <li>Rest breaks shall be taken in a warm, sheltered area (van, frailer, nearby commercial space).</li> <li>Work areas where water may accumulate and create additional slip/trip/fall hazards should be provided with drainage or barriers.</li> <li>Employees should maintain and increase awareness of their physical surrounding, particularly when operating or when working around heavy equipment.</li> </ul>   |
| Electrical Storms  | 1-8  | At the first sign of lightning cease work, seek enclosed shelter. Work will not resume outside until 30 minutes after the last sight of lightning.  |
| Housekeeping       | 1-8  | <ul> <li>Provide adequate storage space for site equipment and supplies.</li> <li>Assign time and responsibilities for daily clean-up prior to departure from site.</li> <li>Ensure lunch areas are maintained free of empty bottle, containers and paper. Provide ttash receptacles with enclosed tops/covers in the designated lunch area and throughout site as necessary.</li> <li>Do not accumulate flammable or combustible liquids on floors, walls, etc. Spill must be cleaned immediately.</li> <li>Provide adequate lighting in and around all work areas, passageways, stairs and ladders. Keep all such areas clear of debris, supplies, and any other objects.</li> <li>Mark and/or secure any object (extension cord) which must traverse a passageway.</li> <li>Ensure that supplies are stored in neat stockpiles and that access aisles are created and kept clear of stored objects.</li> <li>Remove combustible materials routinely, do not allow accumulation in areas where flammable and combustible liquids are stored, handled or processed.</li> </ul> |

| <del></del>      |     |  |
|------------------|-----|--|
| Remote Area      | 1-8 | <ul> <li>May add or increase risks associated with conducting field tasks due to: difficult vehicular access, limited emergency services, heavy vegetation and undergrowth, and native wildlife.</li> <li>Diligent adherence to prevention protocol identified for site hazards.</li> <li>Where possible assess roads and work areas should be undercut and cleared.</li> <li>Ensure that proposed communication (i.e., cellular phone) is operable, and if not a back-up (public phone, or area where cellular phone is operable) is identified to field team members.</li> <li>If accessing remote area of occupied site, identify final destination and return time to site personnel prior to departure.</li> </ul>  |
| Neighborhood     | 1-8 | <ul> <li>Hazards associated with neighborhoods arise as a result of; socio-economic factors; cllent/resident relationship; client/labors relationship; physical design factors (lighting, secured barriers, remote location); value of equipment and materials; benefits of sample tampering.</li> <li>Ensure adequate site security provided for on-going activities. Site security may be provided by client, or may need to be contracted by REAC personnel. Enforcement of security functions should be assigned to properly trained and authorized individuals.</li> <li>Avoid verbal and physical controntation.</li> <li>Ensure REAC personnel work in teams or groups when accessing and conducting activities in sensitive locations. Establish a communication procedure for obtaining on and off site assistance.</li> <li>Provide adequate communication devices (mobile phones or radios) for teams working in sensitive locations.</li> <li>Provide visible security precautions (fencing, "keep out" signs). Provide locked storage facilities on-site; construct adequate barriers for equipment or sampling devises which will remain unattended at off-site or unsecured site locations.</li> <li>Use discretion in discussion related to site work when conversing off-site and off-hours.</li> </ul> |
| Vehicular Travel | 1-8 | <ul> <li>All drivers must be appropriately licenced when operating a vehicle.</li> <li>All traffic mles and regulations, and all traffic control signs and devices should be followed.</li> <li>Drivers of rental or unfamiliar vehicles should become familiar with all controls before operating the vehicle.</li> <li>Drivers should operate vehicles defensively, exercise special care when operating on unfamiliar roads or during inclement weather, and should yield to pedestrians.</li> <li>Trucks should be backed under the direction of a signal person when operator cannot view rear area clearly.</li> <li>Seat belts should be provided and used by each individual in the vehicle.</li> <li>Personnel must not ride on outside or back of vehicles.</li> <li>Materials should be loaded within limits of vehicle weight capacity, should be secured, and should not protmde trom rear of truck.</li> <li>Personnel may not remain in or on vehicles being loaded by excavating equipment unless cab is adequately protected against impact.</li> <li>Maintain road flares, fire extinguishers, first aid kits, and other safety equipment where necessary.</li> </ul>  |
| Hand Tools       | 1-8 | <ul> <li>Inspect hand tool for defects that will impair their strength or render them unsafe, unsafe hand tools will not be used.</li> <li>Maintain tools in good repair.</li> <li>Use tools only for their designed purpose.</li> </ul>   |

|   | <del>1</del>                              |   |
|---|---|---|
| Working Over<br>Water                         | 7   | protective equipment to prevent fall.  Install safety nets for each workplace >25 ft above ground or water surface.  Provide proper Type I or II floatation devices to personnel. Personal Flotation  Devices (PFDs) shall be wom when there is a potential drowning hazard.  |
| Diving  | 8 •                                       | Refer to attachment: Dive Plan  |
| Using Boats                                   | 8   | etc. must wear a type I, II, III or V Personal Flotation Device (PFD)   |
| Working in<br>Water (Non-<br>Dive Operations) | 1-6 · · · · · · · · · · · · · · · · · · · | any chance that water could be over the chest use PFDs. A tether should be used if there is any chance of workers being swept "out to sea", step in a hole or sink in the mud.  Use chest waders if going in water below the hips but above the calves. WARNING: water filling in chest waders is very dangerous. Be sure to go over using knife with workers in the water to cut free of chest waders if in use.  Hip waders can be used in water up to the knees. |

| Biological<br>(insect, tick,<br>poisonous | 1-8 | <ul> <li>Hazards include: bites trom snakes; infected wild animals; rodents; insects; ticks and contact with poisonous plants.</li> <li>Snakes: use care when reaching into or moving objects, be familiar with habits and</li> </ul>                |
|---|-----|--|
| plants)                                   |     | habitats of snake indigenous to area, wear ankle high or higher steel-toe/shank boots, clear grass/overgrown areas if possible.  |
|   |     | Wild animals: avoid contact with wild/stray animals, be weary of noctumal animals seen during the day, eliminate food sources and nesting sites, store trash/garbage in metal/thick plastic lidded containers, cut grass/under brush where possible. |
|   |     | • Insects: Be aware of insect bom disease outbreaks in area of travei, insect repellant, Long sleeves/pants.   |
|   |     | Ticks: same as those for insect, tuck pant leg into socks and boots, conduct tick checks during breaks and at end of shift, wear light colored clothing, remove and save tick immediately.   |
|   |     | • Plants: Wear long sleeves/pants, use barrier creams if highly sensitive, do not contact plants which resemble poison ivy (3-leaves, pointed leaf), oak (3-leaves, rounded  |
|   | ,   | <ul> <li>leaf), or sumac (paired leaves, white fruit).</li> <li>Blood bome Pathogen hazards and controls are identified in Lockheed Martin's Exposure Control Plan, training is conducted annually.</li> </ul>                                       |

TABLE 3.3.3
TEMPERATURE EXTREMES: SIGNS OF EXCESSIVE EXPOSURE

| Temperature Extremes | Sign/Symptom of Excessive Exposure  |
|----------------------|---|
| Heat Exhaustion      | State of weakness or exhaustion caused by the loss of fluids form the body: Pale, clammy, moist skin; profuse perspiration and extreme weakness; body temperature may be normal; weak/rapid pulse; shallow breath.  Treatment: Remove individual to cool, air-conditioned, or temperature controlled area; loosen clothing; place in head-low position; provide rest. Have patient drink 1-2 cups of water immediately, and every 20 minutes until symptoms subside.  |
| Heat Stroke          | Acute, dangerous reaction to heat stress caused by failure of body's heat regulating mechanisms resulting in a rapid rise in body temperature, brain damage, and death: red, hot, dry skin; confusion; extremely high body temperature; rapid respiratory and pulse rate; unconsciousness or coma.  Treatment: Remove from heat source and cool victim rapidly by soaking victim in cool (NOT COLD) water; sponge body with cool water to reduce temperature to safe level (<102F) Monitor vital signs, obtain immediate medical help.  |
| Heat Cramps          | Acute painful spasms of voluntary muscles caused by inadequate electrolyte intake: muscle spasms, most notably the abdomen and extremities.  Treatment: Remove victim to cool area and loosen clothing.   |
| Cold-Frostbite       | Local freezing of tissue resulting when heat loss from an extremity is faster than heat replacement by the circulating blood. Frost bite occurs in stages; incipient (sudden blanching or whitening of skin); superficial (waxy or white skin which is firm to the touch, underlying tissue is resilient); and deep (cold, pale or darkened skin which is solid).  Treatment: Move individual to warm environment, warm affected area by placing next to warm skin (avoid fires, hot water, external heaters) provide warm non-caffeinated drinks. After re-warming affected area evaluate, bandage (if necessary) and do not allow blisters to be broken. Do not rub frostbitten area, obtain medical care as necessary.     |
| Cold-<br>Hypothermia | Occurs when a heat loss in excess of heat gain results in a core body temperature drop. Most cases develop in air temperatures between 30-50F when compounded with water immersion or soaking and windy conditions. Symptoms include: uncontrolled fits of shivering; vague, slow, slurred speech; irrational actions; memory lapses; incoherence; fumbling hands, frequent stumbling, lurching gait; apathy, listlessness, and sleepiness; glassy stare; slow pulse and respiration.  Treatment: Move individual to warm environment, remove any wet clothing, provide additional heat sources (warm blanket, bath, body contact); provide warm non-caffeinated fluids, candy and sweetened food, obtain medical assistance. |

**TABLE 3.3.4** 

| PERCENT SUNSHINE FACTORS HEAT STRESS PREVENTION AND MONITORING |                 |                                      |  |  |  |
|--|-----------------|--------------------------------------|--|--|--|
| Percent Sunshine (%)*  | Sunshine Factor | Adjusted Temperature Calculation@    |  |  |  |
| 100  | 1               | Air Temp + $13(1)$ = Adjusted Temp   |  |  |  |
| 50   | 0.5             | Air Temp + $13(0.5)$ = Adjusted Temp |  |  |  |
| 0  | 0               | Air Temp + 13(0) = Adjusted Temp     |  |  |  |

<sup>\*</sup>Linear Scale, any estimated percent sunshine divided by 100 will provide the corresponding Sunshine. @Calculation: Air Temperature (in degrees F) + 13(Sunshine Factor)=Adjusted Temperature.

**TABLE 3.3.5** 

| PHYSIOLOGICAL MONITORING SCHEDULE HEAT STRESS PREVENTION AND MONITORING  |                                |                                |  |  |  |  |
|--|--------------------------------|--------------------------------|--|--|--|--|
| Adjusted Temperature (Table 3.3.4)  Monitoring Schedule Level D Level C, B or A (Permeable Clothing)  (Impermeable Cloth |                                |                                |  |  |  |  |
| 90 °F or above   | After each 45 minutes of work  | After each 15 minutes of work  |  |  |  |  |
| 87.5°F-90°F  | After each 60 minutes of work  | After each 30 minutes of work  |  |  |  |  |
| 82.5°F-87.5°F  | After each 90 minutes of work  | After each 60 minutes of work  |  |  |  |  |
| 77.5°F-82.5°F  | After each 120 minutes of work | After each 90 minutes of work  |  |  |  |  |
| 72.5°F-77.5°F  | After each 150 minutes of work | After each 120 minutes of work |  |  |  |  |

Physiological monitoring should include oral temperatures and/or pulse rates. Physiological monitoring should be conducted at the beginning of each rest period, the frequency of which is specified above.

Oral Temperature Criteria: An oral temperature in excess of 99.6 degrees (or 1 degree above individuals baseline) will require that the next work period be reduced by 33%. This shall continue until the body temperature is maintained below 99.6 degrees (or 1 degree above baseline).

Pulse Rate Criteria: Heart rate should be measured by the radial pulse for 30 seconds. If the heart rate exceeds 110 beats/minute at the beginning of the rest period the next work period should be reduced by 33%.

## 4.0 PERSONNEL TRAINING REQUIREMENTS

Consistent with OSHA's 29 CFR 1910.120 regulation covering Hazardous Waste Operations and Emergency Response, all site personnel will be trained in accordance with the requirements. At a minimum, all personnel will be trained to recognize the hazards on-site, the provisions of this SHSP, and personnel responsible for safety at this site.

|    | X Site Hazards   | X Emergency Procedures  | X (Tables in Section 3.3)  |
|----|--|---|--|
|    | Other:   |   | ·  |
| .0 | PERSONNEL PROTECTIVE   | EQUIPMENT   |  |
|    | 5.1 Protective Ensemble  |   |  |
|    | Tasks:   | Tasks:  | Tasks: <u>1-7</u>  |
|    | Level B  | Level C   | Level D D  |
|    | Barricade Saranex Tyvek Other: SCBA Tetherline Booties Surgicals Gloves: Overgloves: Hard Hat Steel Toe/Shank Boots  Additional Protective Cloth | Barricade Saranex Tyvek Other: APR Cartridge: Booties Surgicals Gloves: Overgloves: Hard Hat (same) Steel Toe/Shank Boots | Barricade Saranex Tyvek Other: X Eye Protection Booties Hard Hat () X Surgicals Work Gloves: Escape Pack Steel Toe/Shank Boots X Chest Waders/Hip Boots/ Wet Suits (Tasks 1-6) |
|    | X Rain Gear  | _   | Lineman's Gloves X Goggles- Eye Protection   |

Tasks 1-6 When collecting biota samples, REAC contractors will be standing in water, so to keep dry and warm chest waders or hip boots will be wom. Also during collection of biota, sediment and waste samples, surgical gloves will be wom to protect from contact with contaminants. Task 7 No special PPE. Task 8 See Dive Plan.

6.1 **Instrument Calibration** Calibration Date **Battery Check** Required Instmment Multi RAE OVA CGI · Monotox: Type: \_ Oxygen Detector RAM-Type Photovac SKC Pumps Draeger Tube Type: \_\_\_ Radiation Meter Other 6.2 Person(s) Responsible for Monitoring (\_\_ indicates competence test checkout): Larry Lyons Martin Ebel Scott Grossman 6.3 Type of Monitoring: Survey/Characterization Perimeter Work Zone Exposure/Breathing Zone 6.4 Objective of Monitoring: Worker Protection 6.5 Action Levels: If any 'unknovm' or chemical odors are detected that may be a health risk the area must be evacuated, the work area must be re-assessed and the steps must be discussed with the REAC HSM prior to reentry.

SITE AIR MONITORING PLAN (Not Applicable)

6.0

Table 6.5-General Action Limit Guidelines for Health and Safety Planning

| Chemical/Physical<br>Contaminant           | Action Limit or Calculation  |   | Action   |
|--|--|---|--|
| Flammable/Explosive Atmosphere             | Ambient Air<br>< 10 % LEL<br>10 - 20% LEL<br>> 20% LEL   | Confined Space 0 - 1% LEL 1 - 10% LEL > 10% LEL | Continue Investigation Continue monitoring, use extreme caution Evacuate immediate area, explosion hazard present  |
| Oxygen                                     | Ambient Air<br>19.5 - 25 %<br>< 19.5%<br>> 25%   | Confined Space 19.5 - 23.5 % < 19.5 % > 23.5%   | Continue Investigation, normal = 21% Investigate only in Level B Protection, Oxygen Deficient Evacuate immediate area, Oxygen Enriched/Ftre Hazard                     |
| Radiation                                  | 3x Background - 1 mR/hr > ImR/hr   |   | Continue Investigation, consult H&S Manager (possible source) Evacuate immediate area, radiation source/hazard present. Re-enter only under advisement of H&S Manager. |
| Organic and Inorganic Gases and Vapors     | Calculation: 1. (TLV or PEL) X (½) X (RF of Instrument) 2. (IDLH or MUC or Cartridge Rating) X (½) X (RF of Instrument)                    |   | Upgrade to Level C/B Protection as outlined in HASP Upgrade to Level B Protection as outlined in HASP  |
| Particulates (Unknown Site Concentrations) | Calculation: 1. (TLV or PEL) X (½); use RAM/MiniRAM assume RF=1 2. (IDLH or MUC or Cartridge Rating) X (½); use RAM/Mini RAM assume RF = 1 |   | Upgrade to Level C Protection as outlined in HASP Upgrade to Level B Protection as outlined in HASP  |
| Particulate (Known Site Concentrations)    | Calculation:  1. (1x10 °)X(TLV or PEL)  (Cone. In mg/kg)(2)  2 (1x10 °)X(IDLH or MUC or Cartridge Rating)  (Cone. In mg/kg)(2)             |   | Upgrade to Level C Protection as outlined in HASP  Upgrade to Level B Protection as outlined in HASP.  |
|  | (Cone. In mg/kg)(2) Note: Use RAM/MiniRAM, assume RF=1   |   | Opgrade to Level B Protection as outlined in FASP.   |

#### 7.0 MEDICAL MONITORING

All personnel are expected to maintain a current status with respect to their employers medical monitoring program. Lockheed Martin maintains an annual schedule of update medicals. Subconiractors will be expected to provide documentation of current medical.

#### 8.0 SITE CONTROL

8.1 Buddy system is required for all site work involving levels of protection or potentially representing a risk to personnel.

#### 8.2 Site communications plan:

|          | Radio's       | _ | Air Hom   |
|----------|---------------|---|-----------|
| _        | Whistle       |   | Megaphone |
| <u>X</u> | Hand Signals: |   |           |

Signal <u>Definition</u>

Hands clutching throat

Hands on top of head

Thumbs up

Out of air/can't breath

Need assistance

OK/I'm alright/I mderstand

No/negative

Arms waving upright Send backup support
Grip partners wrist Exit area immediately

#### 8.3 Site Work Zones:

The Exclusion Zone is defined as the area where contamination is either known or likely to be present, or because of activity, will provide a potential to cause harm to personnel. Entry into the Exclusion Zone requires the use of personnel protective equipment.

The Contamination Reduction Zone is the area where personnel conduct personal and equipment decontamination. It is essentially a buffer zone between contaminated areas and clean areas. Activities to be conducted in this zone will require personal protection as defined in the decontamination plan.

The Support Zone is situated in clean areas where the chance to encounter hazardous materials or conditions is minimal. Personal protective equipment is therefore not required.

Site work zone definition can be found:

X Site map Sketch on reverse of this page

#### 8.4 Nearest Medical Assistance

Directions and a map to the nearest medical assistance is attached to this plan.

The following personnel on-site have current certification on CPR and/or First Aid.

| CPR             | FIRST AID                         |
|-----------------|-----------------------------------|
| EXPIRATION DATE | <b>EXPIRATION DATE</b>            |
| 01/10           | 02/09                             |
| 01/10           | 01/11                             |
| 01/10           | 01/11                             |
|                 | EXPIRATION DATE<br>01/10<br>01/10 |

#### 8.5 Standing Orders

#### Standing Orders for Exclusion Zone

- o No smoking, eating, or drinking in this zone.
- o No horse play.
- o No matches or lighters in this zone.
- o Check-in on entrance to this zone.
- o Check-out on exit irom this zone.
- o Implement the communications system.
- o Line of sight must be in position when appropriate.
- o Wear the appropriate level of protection as defined in the SHSP.

#### Standing Orders for Contamination Reduction Zone

- o No smoking, eating, or drinking in this zone.
- o No horse play.
- o No matches or lighters in this zone.
- o Wear the appropriate level of protection.

### 9.0 DECONTAMINATION PLAN

Describe decontamination sequence for each level of protection to be used on-site.

#### Level D

Step 1 Remove Surgicals

Step 2 Wash hands and face

Step 3 Shower ASAP

Are personnel required to assist with decon?  $\underline{\hspace{0.1cm}}$  Yes  $\underline{\hspace{0.1cm}}$  No

If yes, what level of protection is required for those assisting? (Circle one) B, C, D.

Describe disposition of wastes: Containerized and brought back to Edison facility or left on-site.

#### 10.0 CONTINGENCY PLANNING

10.1 Identify location of the following during the site orientation.

| <u>X</u>  | First Aid Kit: Rental vehicle Eye Wash:                |
|-----------|--|
|           | Stretcher: Emergency Shower:                           |
|           | Fire Extinguisher:                                     |
|           | Public Telephone:                                      |
| <u>_x</u> | Site Telephone: WAM                                    |
| X         | Mobile Telephone: Task Leader                          |
| _         | Two-Way Radios:  |
| <u>_x</u> | Telephone Contact Lists: <u>In HASP in vehicle</u>     |
| _         | SCBA's:  |
|           | Escape Packs:  |
| X         | Evacuation Routes: Determined and communicated on-site |

#### 10.2 Emergency Contact/Notification System

The following list provides names and telephone numbers for emergency contact personnel.

| <u>Organization</u>         | <u>Contact</u>                                   | <u>Telephone</u>      |
|-----------------------------|--|-----------------------|
| Ambulance:                  | •  | (732) 952-8755        |
| Police: Old Bridge PD       |  | (732) 679-3400        |
| State Pohce: NJ State Pohce | e  | (732) 264-4150        |
| Fire: Perth Laurence Harbon | : FD   | (732) 566-7533        |
| Hospital #1: South Amboy 1  | Medical Center, 242 S. Feltus St. S; South Amboy | (732)721-1000         |
| Hospital #2: Bayshore Com   | mımity Hospital, 727 N. Beers St, Homdel         | (732)739-5900         |
| Poison Conirol Center       | *  | (800) 962-1253        |
| Regional EPA: Region II     | •  | (732) 906-6927        |
| CHEMTREC                    |  | (800) 424-9300        |
| TSCA HOTLINE                |  | (202) 554-1404        |
| RCRA HOTLENE                |  | (800) 424-9346        |
| CDC (                       | DAY)   | (404) 452-4100        |
| (                           | NIGHT)   | (404) 329-2888        |
| BUREAU OF ALCOHOL,          | TOBACCO & FIREARMS                               | (800) 424-9555,       |
|                             |  | (202) 566-7777        |
| NATIONAL RESPONSE           | CENTER   | (800) 424-8802        |
| PESTICIDE INFORMATION       | ON SERVICE                                       | (800) 858-7378        |
| BUREAU OF EXPLOSIVE         | S, A.A. RAILWAYS                                 | (202) 639-2229        |
| LOCKHEED REAC OFFIC         | EE .   | (732) 321-4200        |
| FEDERAL EXPRESS - HA        | ZARDOUS MATERIAL INFO                            | (901) 922-1666        |
| Dennis Miller, REAC Progr   | am Manager                                       | (732) 321-4272 (W)    |
|                             |  | (732) 906-1799 (H)    |
|                             |  | (609) 865-9307 (Cell) |
| Patrick Mulrooney, Health & | & Safety Manager                                 | (732) 321-4203 (W)    |
|                             |  | (609) 865-9321 (Cell) |
|                             |  | (908) 369-0093 (Home) |

#### 10.3 Medical Emergencies

Any person who becomes ill or injured in the exclusion zone must be decontaminated to the maximum extent possible. If the injury or illness is minor, full decontamination should be completed and first aid administered prior to transport. If the patient's condition is serious, at least partial decontamination should be completed (i.e., complete disrobing of the victim and redressing in clean coveralls or wrapping in a blanket.) First aid should be administered while awaiting an ambulance or paramedics.

Any person being transported to a clinic or hospital for treatment should taken with them information on the chemical(s) they have been exposed to at the site. This information is included in Section 3.0 of this plan. Map with directions to the hospital can be found attached to the back of this document.

#### 10.4 Fire or Explosion

In the event of a fire or explosion, the local fire department should be summoned immediately. Upon their arrival, the designated personnel will advise the fire commander of the location, nature, and identification of the hazardous materials onsite.

If it is safe to do so, site personnel may:

- o Use fire fighting equipment available onsite to control or extinguish the fire; and,
- o Remove or isolate flammable or other hazardous materials which may contribute to the fire.

#### 10.5 Spill or Leaks

In the event of a spill or a leak, site personnel will:

- o Inform their supervisor immediately;
- o Locate the source of the spillage and stop the flow if it can be done safely; and,
- o Begin containment and recovery of the spilled materials with sorbent (vermiculate, etc.).

#### 11.0 CONFINED SPACE

X No confined space entry anticipated.

## 12.0 ACKNOWLEDGMENT

I have read, understood, and agreed with the information set forth in this Health and Safety Plan and will adhere to the protocols specified herein.

| Work Assignment Mgr             | Signature           | Date                   |
|---------------------------------|---------------------|------------------------|
| Task Leader/Field Supervisor    | Signature           | Date                   |
| EPA                             | Signature           | Date                   |
| Site Safety Coordinator         | Signature           | Date                   |
| Mm kn Ebel<br>Field Team Member | Signature Signature | <u>4/24/04</u><br>Date |
| Field Team Member               | Signature           | Date                   |
| Field Team Member               | Signature           | Date                   |
| Field Team Member               | Signature           | Date                   |
| Field Team Member               | Signature           | Date                   |
| SUBCONTRACTORS:                 |                     |                        |
| Name                            | Signature           | Date                   |
| Name                            | Signature           | <br>Date               |

SITE SAFETY COORDINATORS REPORT: Please return this page with a copy of the plan and acknowledgment form to REAC Health and Safety Manager, and if applicable, the ERTC/TAT RSO.

| 1.0  | Site Name:  |  |
|------|---|--|
|      | W.A.#: TDD:   |  |
| 2.0  | Tasks Performed                                     | Dates of Activity                          |
|      |   | ***************************************    |
|      |   |  |
|      |   |  |
|      | ·   |  |
|      |   | •  |
| 3.0  | Future Activity? Yes No If yes, explai              | n:   |
|      |   | 277 pp 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - |
|      | ,             |  |
| 4.0  | Describe if there were any changes made to the prof | tection program?                           |
|      |   | 14478.                                     |
|      |   |  |
|      |   | <u> </u>                                   |
| 5.0  | Summarize Findings (be sure to discuss monitoring   | results).                                  |
|      |   |  |
|      |   |  |
|      |   |  |
| 6.0  | Was the Health and Safety plan adequate? Yes        | _ No                                       |
|      | What changes can be made for future activities?     |  |
|      |   |  |
|      |   |  |
|      |   |  |
|      |   | ÷  |
| Sign | ature   | REAC Health and Safety                     |

## **Directions to Bayshore Community Hospital** (732) 739-5900

7. Arrive at 727 N BEERS ST, HOLMDEL, on the R

6. Tum R on N BEERS ST

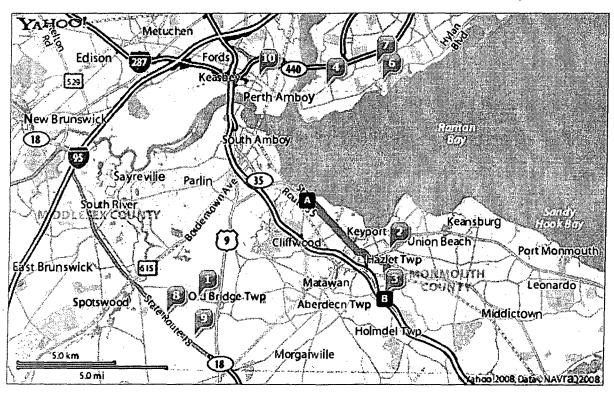


Total Time: 12 mins, Total Distance: 5.57 miles

|  | Distance   |
|--|------------|
| 1. Starting in LAURENCE HARBOR, NJ on LAURENCE PKY | go 211 ft  |
| 2. Make a U-Turn on LAURENCE PKY(CR-626 N)         | go 422 ft  |
| 3. Turn R on STATE ROUTE 35(RT-35)                 | go 1.11 mi |
| 4. Continue on RT-35                               | go 2.7 mi  |
| 5. Turn R on HOLMDEL RD(CR-4)                      | go 1.41 mi |

go 0.23 mi

Time: 12 mins, Distance: 5.57 miles



Your Points of Interest

- 1. Old Bridge Veterinary Hospital Phone: (732) 679-1850 ★★★★ 2400 County Road 516 Bldg 2017 Old Bridge, NJ 08857
- 2. Bayshore Hospital Ftnes & Wins Phone: (732) 335-8197 1420 Rt-36 Hazlet, NJ 07730
- 3. Bayshore Community Hospital Phone: (732) 739-5900 727 N Beers St Holmdel, NJ 07733
- 4. Tottenville Medical Pavillion Phone: (718) 356-5600 ★★★★

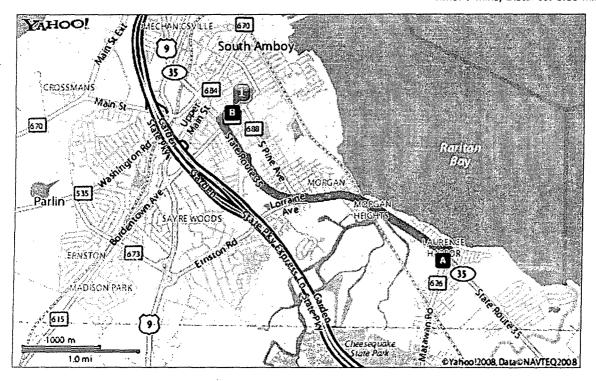
## Directions to South Ambroy Medical Center (732) YAHOO! LOCAL 721-2254

Total Time: 7 mins, Total Distance: 3.13 miles

| Э. | - | ta | _ | ^ | _ |
|----|---|----|---|---|---|
|    |   |    |   |   |   |

| A | 1. Starting in LAURENCE HARBOR, NJ on LAURENCE PKY | go <b>211</b> ft   |
|---|--|--------------------|
|   | 2. Make a U-Turn on LAURENCE PKY(CR-626 N)         | go <b>0.14</b> mi  |
|   | 3. Make a U-Tum at SHORELAND CIR onto LAURENCE PKY | go <b>422</b> ft   |
|   | 4. Turn R on STATE ROUTE 35(RT-35)                 | go <b>2.1</b> 7 mi |
|   | 5. Bear R on a local road                          | go <b>0.12</b> mi  |
|   | 6. Tum R on STATE ROUTE 35(RT-35 N)                | go <b>0.43</b> mi  |
|   | 7. Turn R on CATHERINE ST                          | go <b>0.15</b> mi  |
|   | 8. Tum R on FELTUS ST S                            | go <b>53</b> ft    |
| ß | 9. Arrive at 242 S FELTUS ST, SOUTH AMBOY, on the  |                    |
|   |  |                    |

Time: 7 mins, Distance: 3.13 miles



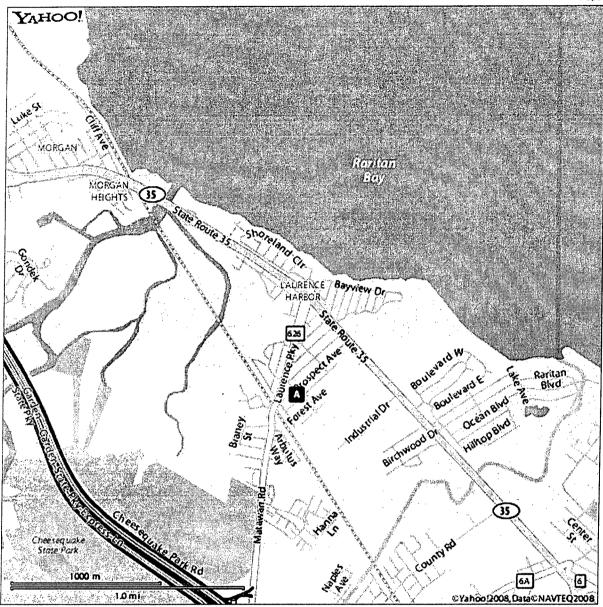
Your Points of Interest

1. South Ambroy Medical Center Phone: (732) 721-2254 242 S Feitus St South Amboy, NJ 08879

When using any driving directions or map, it's a good idea to do a reality check and make sure the road still exists, watch out for construction, and follow ail traffic safety precautions. This is only to be used as an aid in planning.

## Map of Laurence Harbor, NJ 08879

## YAHOO! LOCAL



When using any driving directions or map, it's a good idea to do a reality check and make sure the road still exists, watch out for construction, and follow all traffic safety precautions. This is only to be used as an aid in planning.